



TORII PHYSICAL FITNESS CENTER GROUP EXERCISE SCHEDULE

SEPTEMBER



MON	TUE	WED	THU	FRI	SAT
2	3	4 5:30-6:30 pm Beach Yoga Maya Hayashi Torii Beach	5	6	7
9	10	11 5:30-6:30 pm Beach Yoga Maya Hayashi Torii Beach	12	13	14
16	17	18 5:30-6:30 pm Beach Yoga Maya Hayashi Torii Beach	19	20	21
23	24	25 5:30-6:30 pm Beach Yoga Maya Hayashi Torii Beach	26	27	28
30					

• SEPTEMBER 2024 •

BEACH YOGA

with Maya



Class Fee: \$5/person
Wednesdays 5:30pm - 6:30pm
Torii Beach by Pavilion 7

In case of inclement weather the class will be canceled
Register and pay at Torii Fitness Center prior to class
either in person or over the phone



Torii Physical Fitness Center | 652-4334/098-962-4334

torii.armymwr.com

  [toriiimwrokinawa](https://www.instagram.com/toriiimwrokinawa)