



# Highland Dance Classes

A traditional Scottish dance discipline derived from ballet and ancient Highland roots. Historically danced by men, today Highland Dance is a global performing art and competitive sport welcoming all genders and backgrounds.

These structured progressive dance classes will be offered for three age groups:

**Every Tue & Wed, 7 Jan - 25 March (12 Weeks)**

Tuesdays (Jan 7th - March 24th):

17:15-17:45 Tartan Tots (4 - 6 yrs) \$185

18:00-19:00 Youth Progressing Beginners (7- 17 yrs) \$295

Wednesdays (Jan 8th - March 25th):

17:00-18:00 Adult Beginners (18 and over) \$295

18:15-19:15 Youth Beginners (7- 17 yrs) \$295

\*Tuition rates can be paid in 2 installments.

For new students, the last date for enrollment is Jan 29.

**Instructor: Lauren Garst** is a certified teacher of Highland Dance with the British Association of Teachers of Dancing.

For more info contact either the Torii Fitness center at 644-4334/098-962-4334 or Lauren Garst at 080-9852-1929 or [ghilliesandgracenotes@gmail.com](mailto:ghilliesandgracenotes@gmail.com)



Private lessons available.  
Please inquire about rates  
& availability

