

HAVANA's

New 'Healthy Choices'

500 calories or less



Chef Tofu Salad

\$7.95

A variety of greens topped with sliced boiled eggs, tomatoes, cucumber slices, broccoli spears, diced tofu and feta cheese



\$6.45

Malibu Chicken Flatbread Pizza

Herbal flat bread pizza with an overlay of tangy BBQ sauce, topped with shredded Mozzarella, diced marinated chicken and pineapple tidbits with tomato and red onion slices



Pita Delight

\$6.95

Smoked turkey with ham topped with tomato, cucumbers, red onions, spinach with Italian dressing in pita bread



\$7.95

Cheesy Ham Salad

Mixture of assorted fresh green lettuce topped with shredded ham, cheddar cheese, red onion, tomatoes, olives, cucumbers, and shredded carrots



\$6.95

Chicken Monterey Flat

Chicken breast with BBQ sauce, topped with Monterey Jack cheese, tomato, spinach, red onions with a vinaigrette dressing in pita bread



\$5.95

Swiss Tuna Sandwich

Tuna sandwich with light mayo, topped with tomato, Swiss cheese and spinach in pita bread

Havana's now uses olive oil mayonnaise which is 50% lower in fat and calories than regular mayonnaise.

