



## **AGE RULES:**

### **1. Children 12 years old and under:**

a. Will not be left unattended at Torii Gym facilities at any time and must remain in the presence of their parents at all times.

*Example: Children are not to be left unattended while a parent works out or participates in other activities.*

b. Are not permitted in any exercise areas to include the weight room, cardio room, outdoor functional fitness, or Jacuzzi / steam room areas.

c. This policy includes strollers and baby carriers; these are also not permitted in any exercise area mentioned above in 1.b.

d. Are allowed in the gymnasium, courts, fields, and group exercise room only when directly supervised by a parent or guardian 18 years old or above at all times.

### **2. Children 13-15 years old:**

a. Are allowed in all areas except for the Jacuzzi / steam room, but must be actively participating in the same activity and under the direct supervision of a parent or guardian 18 years old or above at all times.

*Example: Children can't be exercising in the weight room, while parent is in the cardio room or other area.*

### **3. Children 16 years old and above:**

a. Can use all the facilities without adult supervision. However, they must use the facilities responsibly and follow all gym rules and etiquette.

*All age rules will be strictly enforced by Torii Gym staff, Provost Marshalls Office will be notified for possible referral to Family Services proceedings.*